# How do you understand the expression "We are all one"?

We all are human kind. We are all born into this world and we will all eventually die. We all have human rights, although not every has the ability to practise those rights. We all live under the same sun, the same sky, the same stars. We are all equal. But unfortunately, not everyone thinks like that.

Even though no one is more superior than the other, there are people that violate the rights that were given to us. They find themselves more intelligent, more sly, superior to the ordinary human being. That is absolutely false. No one is more than the other. We are all valuable in our own way.

We should all have equal opportunities in our life. Opportunities to be happy, opportunities for work, for relationships. But that’s not the world we live in. There is a lot of descrimination in our lives. Racism, sexism, descrimination based even on the political beliefs of a person. It doesn’t matter who the person is, for example, if he is black he is going to steal or he is going to kill you. These kind of stereotypes make people aggressive towards others.

It should matter what you look like, or what your political beliefs are, or what you work. We should all be treated like the human being we are. The world should be a better place. A place where everyone can express themselves like they want to, where everyone can travel, explore, make friends of all races, but unfortunately that’s not the reality we live in.

People bully others. If a person doesn’t understand something, he tends to be more aggressive towards it. Humans fear what they do not understand. And that’s the reason we have survived so long as a species, but that has to change. Even if its so we can understand each other better. I think that its a small price to pay. We need to collectively overcome the fear that comes with the unknown and support each other. That is how we can evolve even further. Not like separate entities, but as a whole. After all we are one.